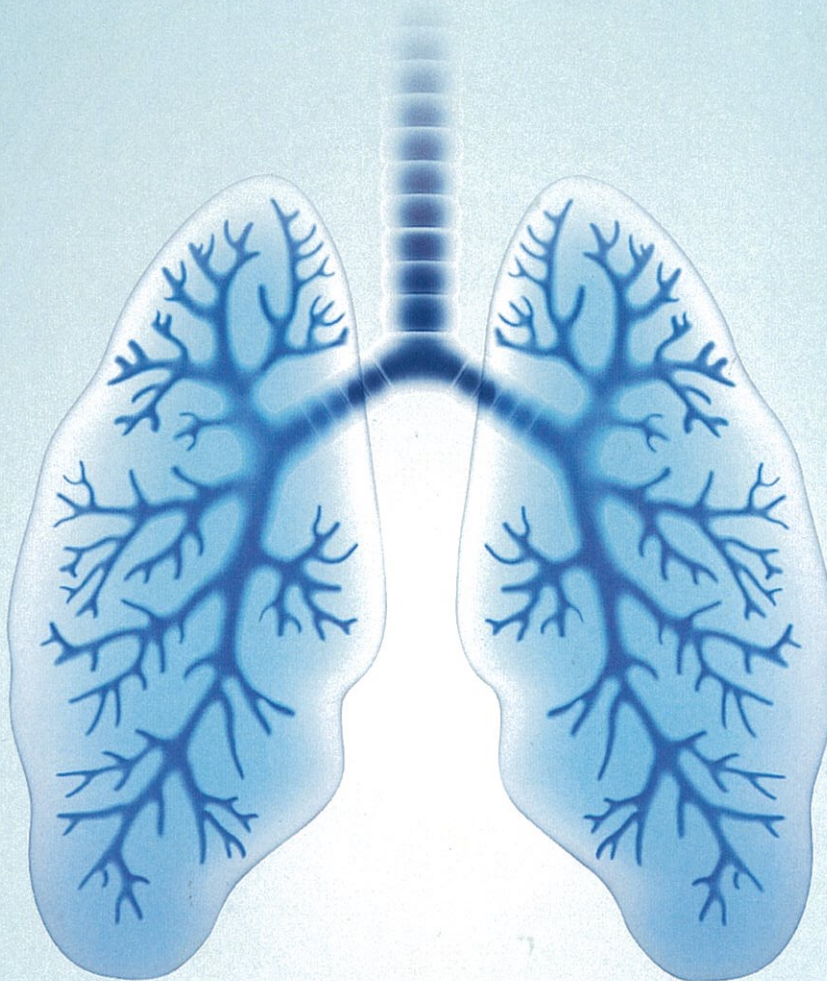


ARE YOU OVER 35?

You might benefit from a free, quick and simple LUNGS check.



If you are over 35 years old and answer 'yes' to any of the following, ask the practice nurse or surgery staff about a quick and simple lung health check that may be beneficial to you.

- Are you a smoker or ex-smoker?
- Ever been exposed to dust, gas or fumes in the workplace?
- Cough several times most days?
- Cough up phlegm or mucus most days?
- Out of breath more easily than others your age?
- Have frequent chest infections?
- Experience chest tightness or wheeze?



LUNGS

Learning Under Nurse
Guidance and Screening